



Move Beyond Pain with Virtual Physical Therapy

- ✓ Personalized daily exercises on your phone
- ✓ Chat & video with a licensed physical therapist
- ✓ Get started from home within 24 hours



Scan the code to get started
or visit miamidade.jointacademy.com



**In-network
with your plan!**

Co-pays and
deductibles
may apply.



4.7 rating from patients

From Pain to Progress in Just 5 Minutes a Day

250,000+ patients have used the Joint Academy virtual physical therapy app to treat joint pain and improve mobility.

- ✓ Easy-to-use app with a clinically proven program
- ✓ 46% less pain on average in 12 weeks
- ✓ Progress tracking and smart reminders



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