

Medications delivered to you.

From Express Scripts Pharmacy.



Life is busy, and it's not always easy to get to the pharmacy. If you take medication regularly, home delivery from Express Scripts Pharmacy® may be a convenient option for getting your refills.¹

Skip trips to the pharmacy.

With home delivery, you can:

- Order, track, and pay for your medication on your phone or online
- Get standard shipping at no extra cost²
- Get up to a 90-day supply at one time
- Talk with a pharmacist 24/7
- Sign up for automatic refills or refill reminders³
- Use a payment plan if you need one

Here's how to started using home delivery.

Choose the option that works best for you.

1. **Online.** Log in to the myCigna® app⁴ or **myCigna.com**® and select Prescriptions. Choose My Medications from the dropdown menu. Then click the button next to your medication name to move your prescription to home delivery.
2. **By phone.** You can either:
 - Call your doctor's office and ask them to send a 90-day prescription (with refills) to Express Scripts Pharmacy home delivery.
 - Call Express Scripts Pharmacy at **800.835.3784**. They'll contact your doctor's office to get your prescription. Have your ID card, doctor's contact information, and medication name(s) ready when you call.

Offered by Cigna Health and Life Insurance Company or its affiliates.

In Utah, plans are offered by Cigna Health and Life Insurance Company.

All sources and disclosures appear at the end of this document.

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1. Cigna Healthcare, Evernorth Health Services, and Express Scripts Pharmacy are all part of The Cigna Group. This means we have an ownership interest in Express Scripts Pharmacy's home delivery services — but you have the right to fill prescriptions at any pharmacy in your network (as your plan allows). Log in to the myCigna app or myCigna.com to see all of your in-network options.
2. Your plan pays the cost for standard shipping.
3. Express Scripts Pharmacy can automatically refill certain medications. Log in to the myCigna app or myCigna.com, or call 800.835.3784, to sign up. You can sign up to get emails and/or texts from Express Scripts Pharmacy. To get text messages, you'll have to sign up for the Express Scripts texting service. You can do this online or when you call 800.835.3784 to refill your prescription. Once you sign up, just reply to their welcome text to get started. Standard text messaging rates apply.
4. App/online store terms and mobile phone carrier/data charges apply.

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

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